

# Quicksilver Swimming-Santa Cruz County at Seascape!

Hello Seascape Sports Club community,

My name is **Dr. Lucas Salles-Cunha**, founder of **Quicksilver Santa Cruz Swimming**, and I am very excited to begin working with the Seascape Sports Club community. Our team is passionate about helping children and families build confidence, safety, and enjoyment in the water.

Swimming has been a central part of my life for many years. Over the past two decades I have coached swimmers of all ages—from young beginners learning basic water safety to athletes who have gone on to compete at the highest levels of the sport, including **U.S. Olympic Trials qualifiers and national record holders**.

While high-performance swimming is an important part of my background, what matters most to me is helping people develop a **lifelong relationship with the water**. Through Quicksilver Santa Cruz, our coaching staff has worked with hundreds of families across Santa Cruz County, creating programs that emphasize safety, skill development, and a positive learning environment.

Our swim lessons are designed to do more than teach basic water skills. We focus on **strong fundamentals and proper technique**, creating a foundation that allows swimmers to continue progressing if they choose. Our coaching team shares a simple philosophy: great swimmers are built through **strong fundamentals, encouragement, and positive coaching**. We meet swimmers where they are in their journey and help them grow step by step.

At Seascape Sports Club, we are excited to offer a program that emphasizes:

- Water safety and confidence
- Strong swimming fundamentals
- A pathway from swim lessons to competitive swimming
- Positive coaching and mentorship
- A welcoming community for families

We look forward to meeting you and helping your family enjoy everything that swimming has to offer.

See you at the pool.

**Dr. Lucas Salles-Cunha**  
Founder & Head Coach  
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